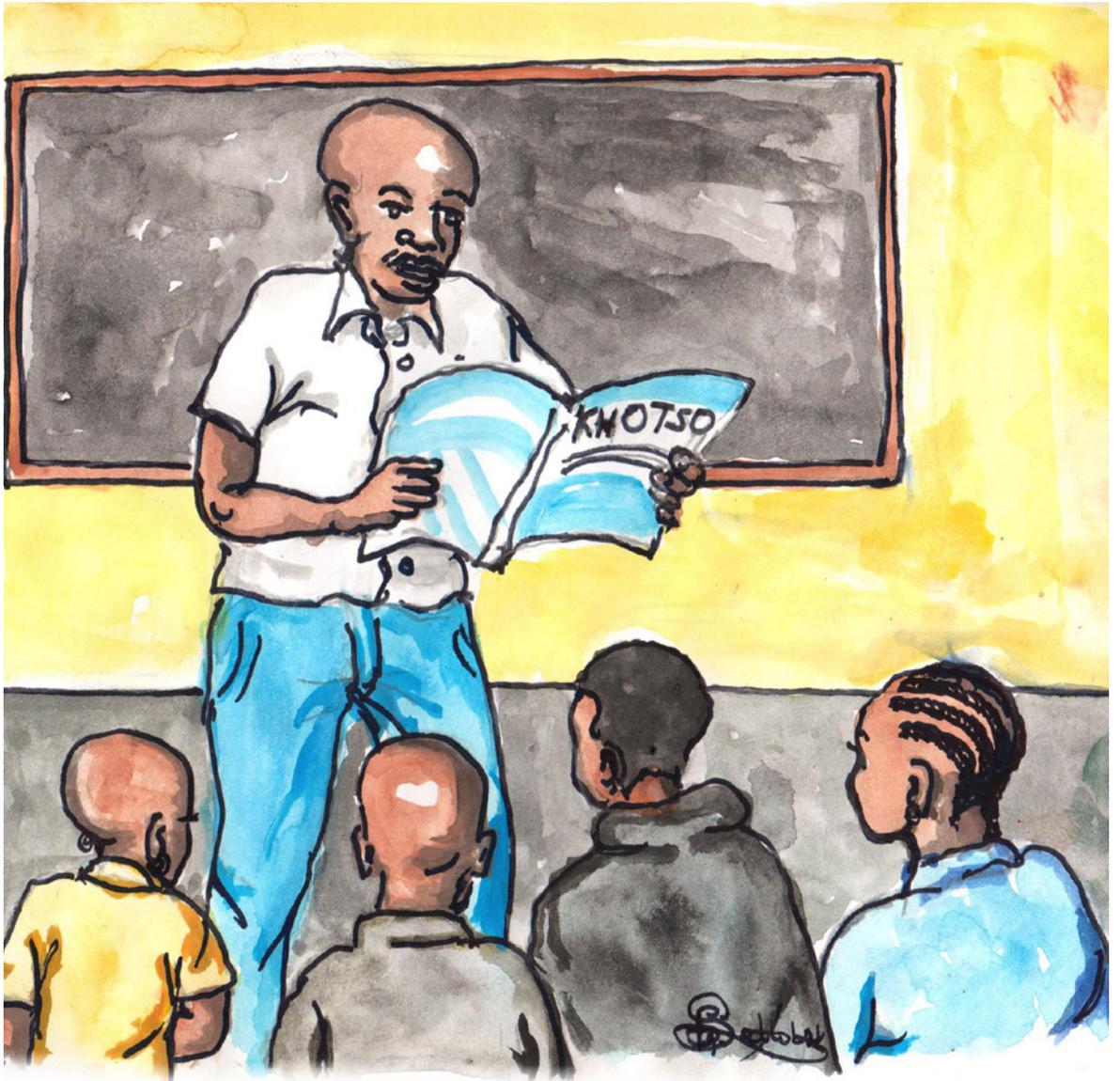


PEACE
THE BEST WAY





PEACE
THE BEST WAY



Lesotho Distance Teaching Centre

PEACE THE BEST WAY

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Introduction

This book was developed as a result of a successful workshop on Peace Education co-organized by Asia-Pacific Centre of Education for International Understanding (APCEIU) and Lesotho Distance Teaching Centre (LDTC) held in Maseru on the 12-14 July 2017. The purpose of the workshop was to equip and empower participants with skills and knowledge of resolving conflicts peacefully. The writers decided to share peace ideas with others through their short stories in this book. Furthermore, they found it necessary to spread words of hope to the society that, it is possible to live together in harmony and also to reduce the rate of unnecessary fights and deaths within our communities.

The title of the book is “PEACE THE BEST WAY.” Basotho lived together in peace for many years. They worked together in small groups known as “Matsema.” Besides helping people with finishing work on time, Matsema also promoted peace, love and respect within the societies. However, in recent years there has been a considerable change. Disputes on religion and politics, just to mention a few, broke ties between people.

The stories in this book aim to highlight the fact that while

people are different in many ways, it does not give enough grounds for fights and brutal killings.

All should realise that living together in harmony is the key. It is inevitable that imperfect human beings will in one way or another have misunderstandings. Such misunderstandings might occur within families, workmates and neighbours. The key issue is, when such happens, what initiative we take. Do we wait for the conflict to broaden or do we take action immediately?

Fellow citizens, living peacefully can improve our lives, families and our nations at large. Let us always be mindful of our deeds, do not allow misunderstandings to grow into a point where it might be impossible to resolve.

Living in peace entails tolerance, even if we have different thoughts and perspectives. We can jointly achieve this with respect for another, tolerance, humility, love, caring and feeling for one another. These qualities can help us live in harmony.

We therefore plea, “let us go back to our roots Basotho.” We had enough conflicts within our families, communities and unfortunately in churches as well. We should always bear in mind that we live in a peaceful nation and we should uphold the principles of peace.

Hopefully, you will enjoy reading the short stories presented in this book. As you read through, you will identify situations that might lead to conflicts and how such conflicts might be resolved in peaceful ways.

Lesotho Distance Teaching Centre (LDTC)

Learning to Live Together

Peace education helps people to live together in harmony. This type of education empowers people with knowledge to bear with other persons' views that are different from theirs. For instance, we should learn to respect traditional and religious beliefs that other members of our communities uphold even if we do not share such, as long as such beliefs do not endanger other persons' lives.

The founder of the Basotho nation, King Moshoeshoe I is well-known for cherishing peace. Because of his determination to pursue peace, Basotho incorporated most of his proverbs in their language. The most popular one is “u ka nketsang ha e ahe motse, motse ho ahoa oa morapeli.” This idiom encourages people to always humble themselves as humility leads to good relationships with others. It is on the basis of this phrase that Basotho became well-known as a peaceful nation.



Peace education encourages people to uphold principles of tolerance and living together in harmony irrespective of their differences in politics, religion, traditions, and even their economic and educational status. It also challenges stereotypes that some people might have about others. It helps people to live peacefully and to avoid unnecessary conflicts that might lead to uncalled deaths. An example of such is that in some other places “elderly mothers are considered to be witches.”

Liemiso Bolofo, LDTTC Thaba-Tseka

Conflict

Who am I?

- + I am conflict
- + I am always there
- + I deprive people of peace
- + I cause fights and brutal killings

How can I be resolved?

- + By determining my root cause
- + By allowing negotiations between affected parties
- + By exercising humility, tolerance and kindness
- + By forgiving freely and willing to maintain relations

Surely you know me now and you know how to resolve me. May peace and tranquillity reign and happiness prevail.



'Mapheello Mahlatsi, PEMCOS Maseru

Examine Yourself Trustworthily

Conflicts will always be there where people are living together.
The core issue is how we behave when there are conflicts.

*Do you believe that you can be the
source of the conflict?*

*Do you take any initiative to solve
conflict or do you just sit back
and expect the other party to take
action?*

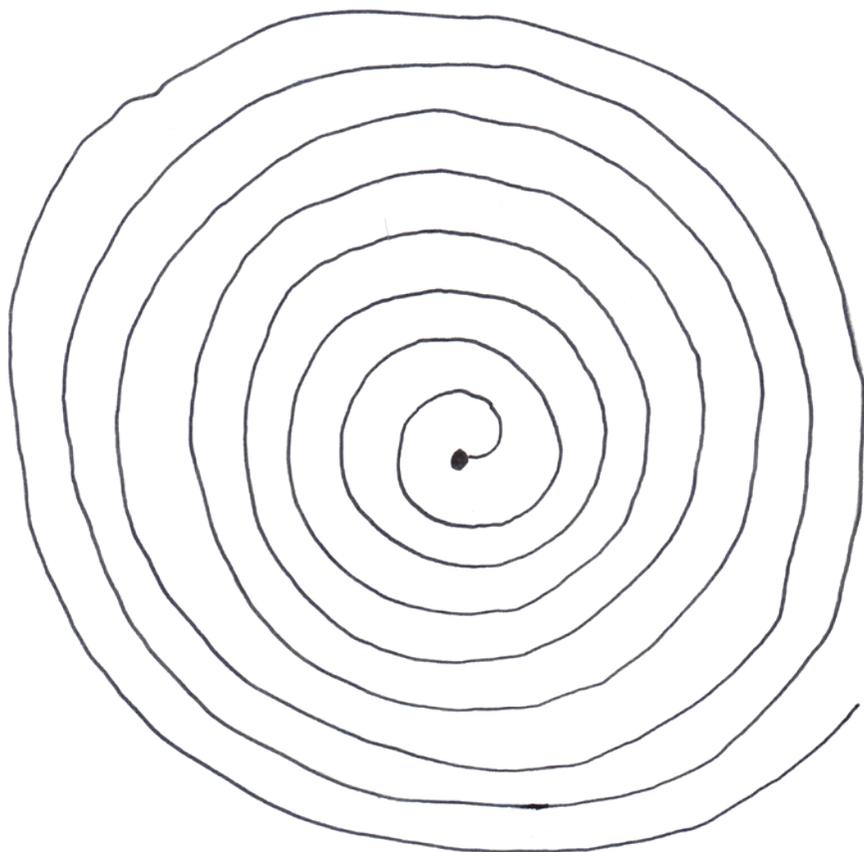


We may do wrong to others due to imperfection. For example, you may mistakenly step over someone's foot. In that case, it is polite to say "sorry." Apology is a sign of remorse. It displays humbleness that can help disputants to resolve conflicts peacefully.

Thinking critically and trustworthily about the above questions can help you to make changes in the way you handle conflicts.

Tšepo Hlasoa, LCS Maseru

*Resolve Conflict Immediately
Before It Affects Children*



A conflict is a relationship between two or more parties who have different opinions and incompatible goals. If there is a conflict, usually peace gets destructed. If no measures are taken, this conflict may lead to fights which sometimes cause deaths.

A conflict starts gradually and if it is not resolved at an early stage by using appropriate methods, it can broaden and affect other people. For instance, a conflict occurred between a couple can have a negative impact on children and it may affect their health. They may even think that conflict is the best way of having relationship with other people. It could also cause division in the families and between children, couples and parents.

So, when there is a conflict, let us choose and use appropriate methods to resolve it before it becomes bigger.

'Mamakhethe Phomane, LANFE Maseru

*Let Us Strive
For Peace*

Keeping peace in the world we live
is very important.



Where there is peace, the economy grows and everybody is likely to enjoy. However, conflict will always be there where people live together and interact, because people always hold different perceptions and views. But whenever that happens, it should be resolved quickly.

Which methods can be used to resolve a conflict?

There are many methods of resolving a conflict and each method can be used depending on the nature and the degree of conflict. Some of the methods that can be used are the following :

- Negotiations
- Forgiveness
- Mediation

In most cases, when people are in a conflict it becomes very difficult for them to resolve it by themselves. Therefore, it is wise to let a neutral person to intervene. When he or she intervenes, the person should listen to both sides to study the nature of the conflict. The intervener should facilitate the negotiations and help disputants to discuss and reach a resolution. Handling issues like this shows how interdependent we are in keeping peace. Everybody's effort is needed to keep peace.

Seboku Tšehloane, NCDC Maseru



Teach Others about Peace

In our country, some people often fall into bad acts. This shows that there is still a problem when it comes to management of conflicts. The reason may be that we did not have chance to be empowered with skills of resolving conflicts peacefully.

Peace education is important because through it, we can resolve conflict. As a result, we urge everybody to find different ways of sharing information on peace education through radios, televisions, opening forums and others.

Let us always take advantage of listening, learning and sharing information on peace education.

‘Mamateka Lehohla, LDTC maseru



Involve Them

There are different methods of solving conflicts. One is to avoid conflicts before they occur. This could be done through effective communication. Communication is important especially when making decisions because it helps all parties to reach an agreement. If an agreement is reached without involving affected parties then that would cause conflict.

Children should also be included when making crucial decisions, such as a decision whereby the parents are moving from one place to another due to work related issues. Definitely, it would be improper to exclude the children when making such decisions.





So, what we are trying to imply here is that, all relevant people should have a chance to contribute when making decisions if necessary. If we deny their opportunities, then it could cause more conflicts.

'Mampho Motlamelle, LDTC Berea

Peace, Moshoeshoe's Sister



A long time ago during Moshoeshoe I's era, there was a bad habit where people used to eat human flesh. Those people were called cannibals. Unfortunately, nowadays people are doing more or less the same. They kill other people and take their body parts to make medicines. These brutal killings are highly unacceptable in the society.

There is a need to identify and find the root causes of these acts and find new ways of resolving them. This process is called "Conflict Resolution." We therefore invite you to read the story below and see how Moshoeshoe I handled the challenge of cannibalism.

During his ruling, there was cannibalism. It was caused by hunger. The cannibals killed many people. They hunted people as if

they were animals. They ended up eating Moshoeshoe I's grandfather, Chief Peete.



Moshoeshoe I was very angry, but instead of killing the cannibals who ate his grandfather, he resorted to peaceful ways of resolving this challenge. He slaughtered animals and gave the cannibals the meat. He also gave them a land where they could grow crops. After that, he rubbed the bellies of the cannibals with cow dung as a sign that the bellies were Chief Peete's grave.

Moshoeshoe I always wanted his people to live in peace. He valued peace. That is why he said "peace is my sister". Basotho are called a "peaceful nation." They usually

demonstrate this through shaking hands and this motto: Peace, Rain, and Prosperity. In Basotho, it is important to think critically about ways of preventing the bad habits in the same way as Moshoeshoe I did.



Justice Tema, LDTC Maseru

Unity is Strength

Usually, where people live together conflicts will occur. In the process of resolving these conflicts, some people may show impatience. The reason might be that, they want it to be resolved immediately but it is usually not the case. The time for resolving the conflict depends on the degree and its nature. So it is imperative to be patient when dealing with a conflict. Let us work together hand in hand to defeat this enemy which sometimes divides us. If we practice patience in our lives, then we can make better decisions and help ourselves when we are resolving conflicts.

We must be aware that, if we sometimes contribute to destroying peace, it could take a long time to get it back to the normal situation. Therefore, let us all practice patience and humility as they will help us to be positive and live with others peacefully.



Mosele Moleko, LDTC Mokhotlong



Some people spend most of their time at work, so they must build good relationships amongst their colleagues. If conflicts occur, everybody must be willing to resolve them. Let us see how Mpho dealt with the conflict that occurred amongst her colleagues Mahlapane and Seotsi.



Create a Conducive Environment at Work

Mahlapane and Seotsi were in good terms. Unfortunately, one day they had a misunderstanding and this led Mahlapane to insult Seotsi. Their colleague Mpho did not like that. As a result, she intervened by inviting them to hold negotiations. Mahlapane did not accept the invitation; instead she was angry and decided to stop interacting with them.

Other colleagues heard about this conflict, then they started to analyse it while others were making their own judgement over the issue though they did not know its root cause. This conflict grew until there was a division amongst the staff members.

Human resource manager and the Director invited the staff members to the meeting where they taught them good working relationships and also reminded the code of conduct for civil servants.

Mpeoane Molatelle, LDTC Maseru

Let Justice Prevail during Conflict Resolution

Sometimes there is a need to include a mediator when resolving conflicts. His or her task is to assist disputants to understand the root cause of the conflict, and to change their perspective on the conflict. A mediator is honest. He or she is not a decision maker but he or she facilitates the negotiation process. Let us see how Chief Napo of Leralleng approached the conflict that occurred amongst the herd boys in his village and the neighbouring village.

Chief Napo became aware of the conflict that existed between the herd boys, which concerned fighting over the grazing land. This conflict invited new actors: two villages which the boys came from. The conflict grew to a bigger extent that the villagers of one village were fighting against the other village members when they passed each other.



When Chief Napo realised the situation, he decided to invite the relevant ministers to find out the cause of this conflict. He also asked

the neighbouring chief to allow the herd boys from his village to meet his herd boys to discuss this issue together. The purpose of the meeting was to identify the root cause of the conflict and to resolve it. During the meeting the disputants were angry but Chief Napo managed to calm them down and asked them to control their emotion so that they could resolve their conflict peacefully.

Although they were very angry, both parties were impressed with the way the Chief facilitated the negotiations. He gave both parties a chance to tell their side of stories and to analyse them until they reached a solution.

'Mateboho Lihaba, LDTC Maseru

Senior Citizens are Very Important in Every Society

The brutal killing of elderly mothers is common in our country, Lesotho. We often hear this sad news on radios, televisions, and newspapers. They also experience rape, emotional abuse, and some have been burned just because they were suspects of witchcraft. These acts affect the society and deny their right of freedom. How can we stop or solve this problem?

Peace education is the remedy to these acts. It is considered to be relevant even for learners. Our country, like others, should embrace peace education. One approach that can be adopted is to integrate it in the existing learning areas or subjects and to teach it to children at an early stage. In that way it will be instilled in their lives and they will always live peacefully with other people.



Another approach is to spread this message of “peace” through public gatherings, workshops and media.

Mamakopoi Griffiths, LDTc



Let Us Work in Harmony

In our everyday life, there may be differences in the way we view things. Differences can exist at home, workplace, different government ministries, non-governmental organisations and in the villages. However,



misunderstandings should not be the source of our fighting. Instead we must create time to resolve them peacefully and timely.

Usually when there are conflicts, the services become poor, hence low production. This also have negative effect on the economy and causes instability in the country. Everybody is responsible for taking the initiative of utilising acceptable and different methods and finding ways of solving misunderstandings. Those are; workshops, public gatherings,

inviting individuals or organisations to intervene during negotiation process and also to equip people with skills of resolving conflicts peacefully.

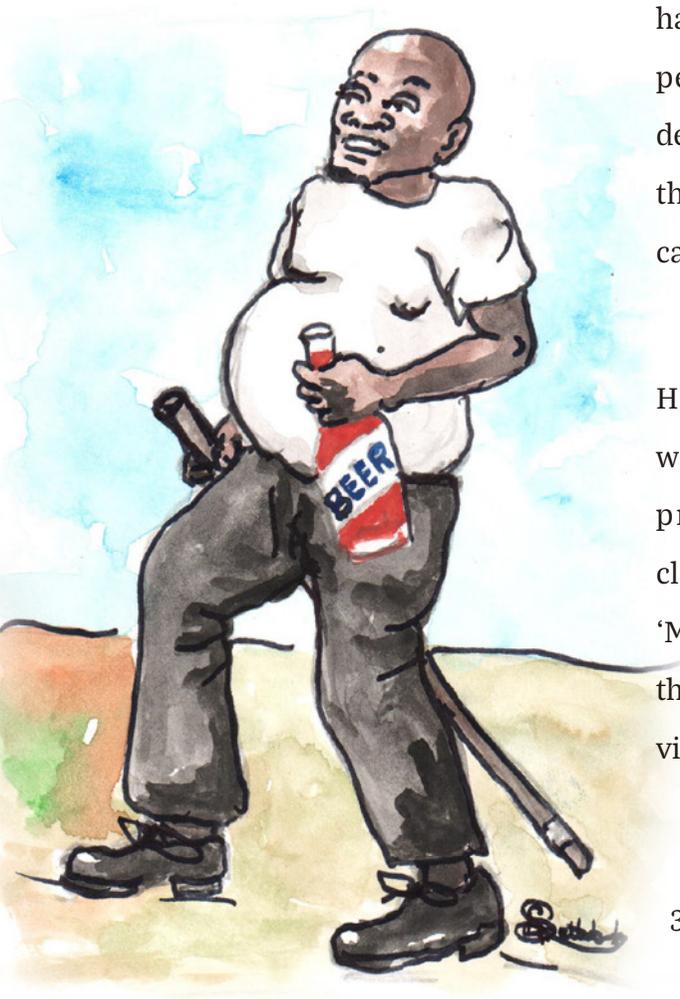
Those who receive guidance on resolution of conflict must have one goal of reaching the agreement and solution.

Neo Motlalane, LDTC Maseru

Be a Responsible Person

Every member of the family has a responsibility of always pursuing peace. Both children and adults can destroy peace in the family. Please read the following story and see how this can happen;

Ramasapo drinks heavily. He cannot spend even a single day without drinking alcohol. He cannot provide his family with food and clothes. He always fights with his wife 'Mamotsatsa and when they fight, all of their children cry and run around the village.



Imagine and picture the situation of this family. 'Mamotsatsa made an attempt to discuss this behaviour with Ramasapo but he failed to listen to her and instead things got worse.

This is sad, and 'Mamotsatsa no longer shows respect to her husband. She sometimes talks to him without even considering his headship. Her aim is always to hurt him.

One day Ramasapo assaulted 'Mamotsatsa. It was so bad that she ended up running away and reporting the assault to her mother-in-law, which made them disappointed. However, 'Mamotsatsa's in-laws



supported her by intervening. They wholeheartedly wanted Ramasapo to live peacefully with his wife. The interveners showed fairness and Ramasapo and 'Mamotsatsa reached a solution.

At the end of this process, the couple was happy then he started to buy clothes for his family. The whole family enjoyed the life together.

'Mathapelo Pheko, LGGA Maseru

Let Us Show Them Love

Love is important in life, so we must demonstrate it to everybody but mostly to our family members. If we have love amongst us then there will be no need to offend others. However, let us see how emotions can destroy our relationships.

Lerata is a responsible man who loves his wife and takes care of his family. One day he was invited to a feast by his colleague. He enjoyed the feast but unfortunately the bus left him. His cell phone battery was flat and he was not able to call his wife 'Makhapane. He had to go on foot though it was late. His wife could not settle when she saw the sun set. She tried to call him but she could not get hold of him.

'Makhapane was sitting with her children on the fire as it was winter. She put a kettle with water on the stove. She was angry to an extent that she discussed this issue with her children. At that time she

thought of few words she would say to Lerata to offend him. As it was becoming late her anger level reached the highest point.

Later on, Lerata knocked at the door. 'Makhapane opened the door and threw boiling water on Lerata's face. Lerata screamed and his neighbour came to the scene.

You can imagine how Lerata felt. What would you do if you were Lerata? They took him to the hospital immediately where he spent three days. You would think that 'Makhapane was happy that she achieved her goal. However, she felt disappointed! She remembered all the good things that her husband did for her. She also remembered that Lerata was always on time. She felt bad that she failed to control her emotions. Again, she did not give him any chances to explain himself.

When he came back from the hospital they sat down and discussed this issue. Lerata was furious that he could even fight her. 'Makhapane cried because she had destroyed her lovely husband's face. It was really a bad situation, so she apologised. To her surprise, Lerata accepted the apology because he also understood that her wife had failed to control her emotions.



To control one's emotions is very important in life, and it can help us to control the situation that we may regret. So let us always talk to people whom we think are at fault so that we can hear their side of the story we make any decisions.

Sr. Alice Tšolo, GSS Maseru

We All Need Each Other

How would life be if we had attitude of reconciliation? It would be absolutely good. We would not be in a situation where people destroy relationships between their family members, neighbours and others. Other people are sick, while others are diagnosed with chronic diseases, such as high blood pressure, some experience of heart attack, depression due to lack of peace. Let us see how lack of peace can affect us.

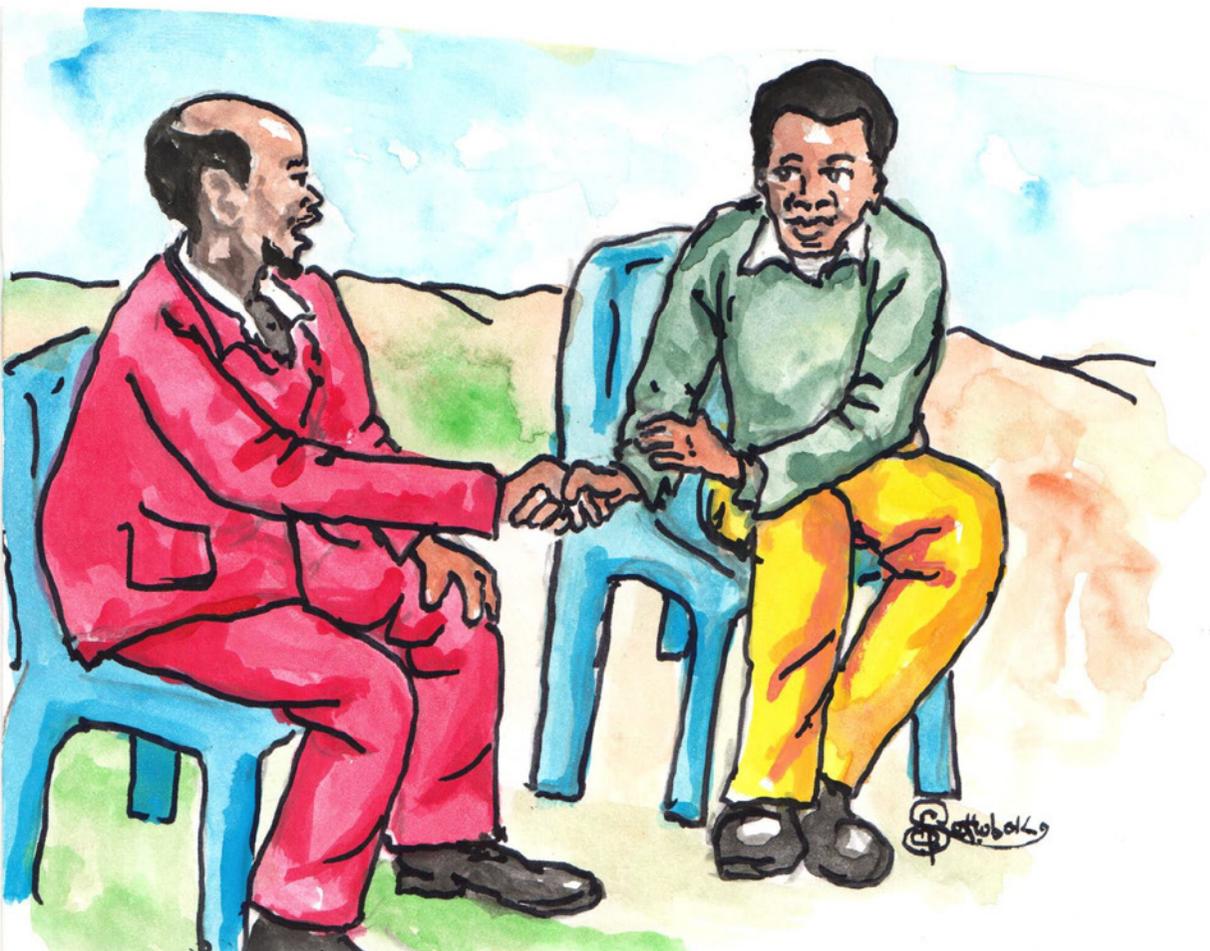
Mokeretla and Moqala were close friends. One day a conflict occurred between them. It went to an extent whereby there was no conversation between them. This was the worst situation ever. Nobody humbled himself. Nobody wanted to be the first one to take an initiative to solve the problem. However, this was worrying them too much.

There was a time when they felt that they need to resolve this conflict. They sat down and an agreement was reached. They forgave each

other and reconciled. They were both happy.

To have a friend is very important in life. We can share nice and bad experiences. Hence, it is wise to make sure that we work towards nourishing our friendship because we all need each other.

Vitalis Mokete, LDTC Maseru

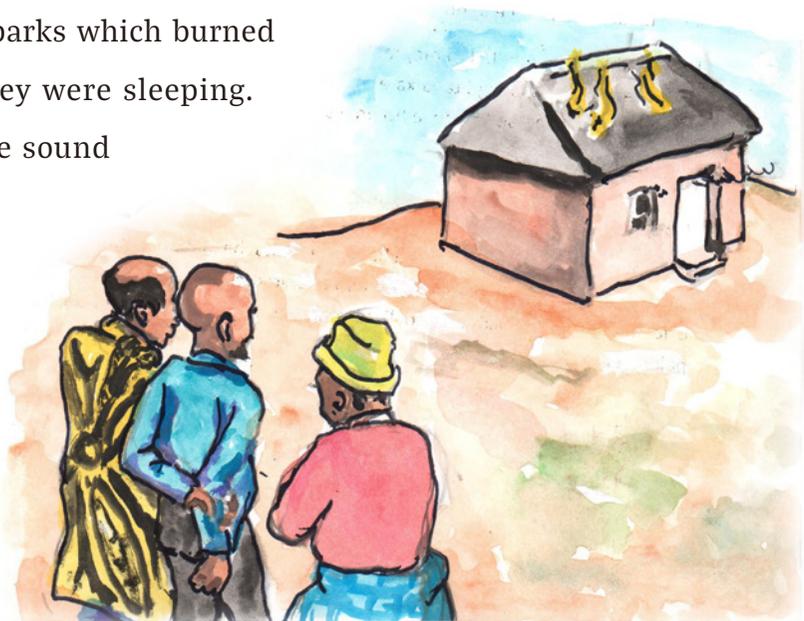


Be Punctual



Thabiso owned a nice thatched traditional house covered with mud. It is typical of these houses to be very cool in summer that a person can feel like resting on it.

However, let me tell you a short sad story about Thabiso's house. One day his children made fire outside the house though it was windy. Unfortunately, they left the fire burning unaware when they went to sleep. As the wind was blowing, the fire caused sparks which burned the house slowly while they were sleeping. Fortunately, they heard the sound of the fire and went quickly out of the house. They were shocked so much that they did not take an initiative of



stopping the fire.

The strong wind caused bigger fire. It was then Thabiso and his neighbours started to get water to stop the fire. But then it was too late. The fire was out of control. The nice house got burned down completely.



This story portrays the effect of a conflict. It usually starts as a small dot. If left unattended it broadens exactly as it happened with the fire that burned Thabiso's house.

Had he and family members took action immediately, only a small part of the house would be burned and it would have been easy to make renovations on it.

This is a good lesson for us that, we must always be punctual when it comes to resolution of conflicts, we must avoid volatile situation whereby a conflict can be out of control.

Makhetha Tšephe, Ratau Primary School Maseru

Learn about Education Act and the Importance of Education

‘Mamoliehi is a wealthy woman with a flock of sheep. She hired a herd boy by the name Maratsiela. He did not know how to read and write. He used to attend classes at a learning post. One day when he was supposed to sit for a final examination. ‘Mamoliehi did not allow him. His teacher got offended.

He reported this issue to the chief and asked him to intervene. The chief explained the education act and the importance of literacy to ‘Mamoliehi. He even took that ignorance as an advantage for him to hold a public gathering whereby the employers were encouraged to allow their employees to attend classes regularly and to support them during examination period. He even encouraged ‘Mamoliehi to register in the literacy programme since she also did not know how to read and write.





Fellow employers, please always support your employees. It is a good thing. Let us also encourage our family members and neighbours to register in the literacy programmes as it will help them to live a better life.

'Matumelo letela, LDTC - Qacha's nek

Resolve Conflicts Immediately

Prolonged conflicts might lead to hatred, revenge, or even deaths. To make this point clear, let us examine what happened at one village (Sekoti-Mpate) of Chief Lethoba in the Mafeteng district.

Mr. Lehloka's herd boy, while looking after his herd in the morning, let the herd into Mr. Tšokolo's fields that caused a huge damage. Efforts were made to urge Mr. Lehloka's family to the scene but they turned down the call. The wronged family got heated up with anger towards the behaviour displayed by Mr. Lehloka's family. Things turned bad! One morning Mr. Tšokolo's servant went to the fields and burned off Mr. Lehloka's field of wheat, which was about to be harvested. This unfortunate act led to a war between two families and during the process Mr. Tšokolo's servant passed away.

Alas! Mr. Tšokolo's family in turn planned to revenge and started



a war with Mr. Lehloka's family. The conflict spread to other relatives who lived in nearby villages and in even to those who worked in South African mines. The relatives and family members could no longer 'see eye to eye'! Finally, the communities joined in the fight, and a minor conflict that began between two families became a big one just because it could not be resolved on time. Eventually, the government, through the Ministry of Police, intervened to resolve the matter and to restore peace in the area.

The main lesson is that if a conflict is not resolved immediately then it might affect many others who do not even understand its origin.

'Mathato Lefoka, LDTTC Maseru

Restore Peace

‘Malineo and ‘Malibakiso are neighbours who lived peacefully in one village. One day it so happened that ‘Malibakiso’s pigs ate Malineo’s cabbage by mistake and finished it off. ‘Malineo became furious at ‘Malibakiso especially when she calculated the expenses. When her anger level reached the highest point, ‘Malineo went straight towards ‘Malibakiso’s house shouting and swearing. When they met, ‘Malineo started the fight and ‘Malibakiso accepted it by responding with few punches to ‘Malineo’s face.

Fortunately, Mohapi was in the vicinity and saw the unfortunate scene. He rushed to these two women and separated them. He asked each one of them to say what the problem was. During the discussion, ‘Malibakiso admitted her wrongdoing, which was failing to take care of her pigs which eventually caused damage to her neighbour’s property. ‘Malineo too felt sorry that she failed to control her emotions. Both agreed to make peace between them. ‘Malibakiso even promised to



build a secure kraal for the pigs in order to eliminate the chances of them damaging neighbours' property again.

It is a good thing to maintain our neighbourhood relationships, because we always need their support during good and hard times. So, if there are conflicts let us work together towards resolving them on time.

'Makopo Lechesa, LDTC Maseru

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Author's Note



'Mateboho Lihaba
Literacy and Numeracy Assistant, LDTC Maseru

A chief looks after the community. Therefore, it is his responsibility to intervene immediately if there is something wrong so that conflicts may not affect the community, just like what happened in the story that we have read.



Mampho Motlamelle
Monitor, LDTC Berea

Communication is vital be it at home, workplace, or any place where we get services. So, let us always communicate and then we shall avoid unnecessary conflict.



'Mamakhetho Phomane
Project Officer, LANFE

Children are gifts from Jehovah so, let us take care of them and live peacefully. Apart from that, let us resolve conflicts peacefully amongst us then that will be a good example for them.



Liemiso Bolofo
Monitor, LDTC Thaba-Tseka

To live peacefully with others is important, so let us appreciate difference, and respect others irrespective of our racial differences and ages.



Justice Tema
Literacy and Numeracy Officer, LDTC Maseru

Bad acts that irritate or offend us must be abolished. We must also think critically about peaceful ways of doing it. After resolving conflicts then we must reconcile and continue with our lives.



Mosele Moleko
Clerical Assistant, LDTC Mokhotlong

Peace Education is very important. It changes the way people think and empowers them with skills of living together peacefully.



Mpeoane Molatelle
Course Writer, LDTC Maseru

If conflict is not resolved it can cause problems in all aspects of life. So, employers must take initiative for resolving conflicts amongst employees. If there is no communication at work, then production will be low.



Mamakopoi Griffiths
Literacy and Numeracy Coordinator, LDTC Maseru

Everybody has a right to live irrespective of their age. Nobody wants to be treated unfairly, so “let us do to others what we want them to do to us.” Let us work hard to protect the elderly people from cruel acts. Remember that we can get important information from them.



Mamateka Lehohla
Instructional Materials Development Assistant

Peace Education is very important and everybody must have access to it. It can help us to live in harmony with other people. So we urge the organizations and individuals to spread the message of peace to everybody.



Neo Motlalané
Composer Operator, LDTC, Maseru

Let us all try to live peacefully with other people, because the economy of this country is based on us. If there no peace in our country, then the economy will be affected negatively.



Tšepo Hlasoa
Correctional Officer, LCS Maseru

Sometimes there is a need to self-examine ourselves and check if we are still on a right track. If we need to improve the way we do things, let us do it.



Mathapelo Pheko
Teacher LGGA

Conflict may not be resolved immediately regardless of the effort you make to resolve it. However, do not give up and be patient. If needed invite your family to intervene in the conflict resolution. Dear parents, please be fair when dealing with the conflict. In that way you will be contributing towards restoration of peace.



Sr. Alice Tšolo
Teacher, Good Shepherd Sisters

We must always control our emotions in order to avoid regression. Had 'Makhapane created time to get details from her husband she could have not behaved the way she did. To be patient is important in marriage life and everywhere in life.



Vitalis mokete
Rural education officer, LDTC, Maseru

In the process of restoring peace, communication is needed. After resolving conflict let us forget the past and reconcile.



Mapheello Mahlatsi
Teacher, Phethahatso English Medium Community School Maseru

It is important to know what conflict is and how to resolve it. Then you will be able to use appropriate methods that could be used to resolve it. In that way you will succeed.



Makhetha Tšephe
Teacher, Ratau Primary School

We should not wait for a long time before we resolve conflicts. Let us remember that “unity is strength” and therefore we must work very hard to resolve conflict timely.



Matumelo Letela
Monitor, Qachas'nek

We must know our rights and respect other people's rights so that we do not get cheated or cheat others. Therefore we urge employers to support literacy learners by giving them a chance to attend literacy classes. They also have a right to education.



Mathato Iefoka
Rural Education Editor, LDTC, Maseru

Unresolved conflicts can be associated with wildfire. It is difficult to stop it. Do not prolong your anger. Instead resolve conflict immediately.



Makopo Lechesa
Non-formal Education Trainer, LDTC Maseru

Did you realize the after-effects of not controlling emotions on the 'Malibakiso's story? Some people have lost their body parts due to failure to control their emotions. Therefore, let us take care of ourselves by resolving conflicts peacefully.



Seboku Tšehloane
Subject Specialist, NCDC Maseru

Let us all make sure that we enjoy life and live harmoniously with others. Let us also be humble and be ready to receive any help because emotions can influence our decisions.



The following pictures are taken during the Peace Education Workshop between 12-14 July 2017.



Peace
The Best Way

This book is meant to be read by people of different ages, both young and old. Let us all read these short stories carefully and put into practice what we learn from them.

Parents, please instil the importance of peace in your children. It is in the nature of children to imitate their parents. So if we lead peaceful lives as adults, then our children will likewise live in harmony.

The following are the steps that were followed in writing this stories and compiling them in order to develop this book. First, the participants wrote the stories on the last day of the Peace Education Workshop. They wrote these stories based on what they had learned during the workshop. When the stories were finally written, the participants were then invited to a workshop where they critically looked at their stories with the aim of beefing them up where need be or reducing some of the contents. It is in the same session where participants suggested illustrations they thought would be appropriate for the book as to reinforce the message for a wide range of readers.

The short stories presented in this book highlight problems that we encounter in our daily lives, some of which lead to conflicts. The stories also identify constructive ways of managing and resolving conflicts in a peaceful manner.

We therefore urge you all to read this book with your children, so that if need arises you could be able to explain some of the raised issues to your dear kids. Finally, we deem it necessary for you to share these stories with your relatives and neighbours.

Lesotho Distance Teaching Centre (LDTC)



Learning to Live Together